

Refresher Safety Interventions (formally MAPA): Disengagement and holding skills

This course is for Cerebral Palsy Alliance employees

Who is this course for?

People working directly with people that display behaviours of concern that either threaten themselves or those around them.

What content does the course cover?

The purpose of this annual refresher is to ensure you have the current skills and knowledge in safety interventions. In this BILD-ACT certified training session you will refresh your skills and knowledge on:

- Your responsibilities in a crisis situation
- Identifying early warning signs of escalation in verbal or physical behaviour
- Taking proactive, positive, acceptable action to avoid, decelerate and/or de-escalate a potential crisis situation
- Assessing the level of risk in a crisis situation and making the right decisions to manage it
- Using appropriate safety interventions to manage and/or reduce the level of harm from behaviours of concern
- Understanding the use of restrictive physical interventions as a last resort only
- Practising disengagement and holding skills in a safe classroom setting.

Note:

- This course requires a level of physical interaction with other participants during simulations
- Full PPE is to be worn during practice of physical skills and will be provided
- Please wear suitable clothing which will allow you to move comfortably and wear enclosed footwear

Does the course have prerequisites or specific requirements?

The following must be completed before attending:

- Positive approaches to behaviour support (online)
- Positive approaches to client support
- Safety interventions (formerly MAPA) Physical restraints **2-day course** - Initial (**must have been completed within last 12 months**)

What other details do I need to know?

Attendance type: In person (face to face)

Duration: 1 day

Times: Please select a course date below or if there are no dates, please click Enquire

Refreshments: Please bring your own lunch (as required)

If you need to cancel: Cancellation guidelines

Where can I get more information?

Contact: The Training Alliance team

Email: training@cerebralpalsy.org.au

Phone: +61 2 9975 8715

Please enquire regarding available dates.