

## Refresher Safety Interventions (formally MAPA): Disengagement and holding skills

**This course is for Cerebral Palsy Alliance employees**

**Who is this course for?**

People working directly with people that display behaviours of concern that either threaten themselves or those around them.

**What content does the course cover?**

The purpose of this annual refresher is to ensure you have the current skills and knowledge in safety interventions.

In this BILD-ACT certified training session you will refresh your skills and knowledge on:

- Your responsibilities in a crisis situation
- Identifying early warning signs of escalation in verbal or physical behaviour
- Taking proactive, positive, acceptable action to avoid, decelerate and/or de-escalate a potential crisis situation
- Assessing the level of risk in a crisis situation and making the right decisions to manage it
- Using appropriate safety interventions to manage and/or reduce the level of harm from behaviours of concern
- Understanding the use of restrictive physical interventions as a last resort only
- Practising disengagement and holding skills in a safe classroom setting.

**Note:**

- This course requires a level of physical interaction with other participants during simulations
- Full PPE is to be worn during practice of physical skills and will be provided
- Please wear suitable clothing which will allow you to move comfortably and wear enclosed footwear

**Does the course have prerequisites or specific requirements?**

The following must be completed before attending:

- Positive approaches to behaviour support (online)
- Positive approaches to client support
- Safety interventions (formerly MAPA) Physical restraints **2-day course** - Initial (**must have been completed within last 12 months**)

**What other details do I need to know?**

**Attendance type:** In person (face to face)

**Duration:** 1 day

**Times:** Please select a course date below or if there are no dates, please click Enquire

**Refreshments:** Please bring your own lunch (as required)

**If you need to cancel:** Cancellation guidelines

**Where can I get more information?**

**Contact:** The Training Alliance team

**Email:** [training@cerebralpalsy.org.au](mailto:training@cerebralpalsy.org.au)

**Phone:** +61 2 9975 8715

Please enquire regarding available dates.