

Refresher Safety Intervention (formerly MAPA): Disengagement and holding skills

Who is this course for?

****ONLY for staff who have completed Safety intervention with Holding Skills (formerly MAPA) 2-day course (must have been completed within last 12 months)**

and who support someone who has physical restraint in their behaviour support plan.

Managers: Training Alliance will contact you to advise when your staff are due for this Refresher and register them for the training.

What content does the course cover?

The purpose of this annual refresher is to ensure you have the current skills and knowledge in safety interventions.

In this BILD-ACT certified training session you will refresh your skills and knowledge on:

- Your responsibilities in a crisis situation
- Identifying early warning signs of escalation in verbal or physical behaviour
- Taking proactive, positive, acceptable action to avoid, decelerate and/or de-escalate a potential crisis situation
- Assessing the level of risk in a crisis situation and making the right decisions to manage it
- Using appropriate safety interventions to manage and/or reduce the level of harm from behaviours of concern
- Understanding the use of restrictive physical interventions as a last resort only
- Practising disengagement and holding skills in a safe classroom setting.

Note:

- This course requires a level of physical interaction with other participants during simulations
- Full PPE is to be worn during practice of physical skills and will be provided
- Please wear suitable clothing which will allow you to move comfortably and wear enclosed footwear

Does the course have prerequisites or specific requirements?

The following must be completed before attending:

- Positive approaches to behaviour support (online)
- Disability Support Workshop 2
- **Safety intervention with Holding Skills (formerly MAPA) 2-day course (must have been completed within last 12 months)**

What other details do I need to know?

Attendance type: In person (face to face)

Duration: 1 day

Refreshments: Please bring your own lunch (as required)

If you need to cancel: Cancellation guidelines

Where can I get more information?

Contact: The Training Alliance team

Email: training@cerebralpalsy.org.au

Phone: +61 2 9975 8715

Please enquire regarding available dates.



Training Alliance
Leaders in Disability Training