

## **Seating and positioning Practical Workshop**

## This course is for Cerebral Palsy Alliance employees

Who is this course for?

This is "as required" training for Clinicians with caseloads that will include 3 or more Seating and Positioning needs within approximately 3 months

If this course is relevant to your role, but not mandatory, please discuss with and get approval from your manager.

What content does the course cover?

This session includes:

- Assessment of Posture Practice: hands on experience in how to complete an assessment of posture for Seating and Mobility interventions (palpation, identification of asymmetries and measurement taking).
- Seating Solutions: introduction to what seating and mobility components and features should be trialled for various needs
  identified at assessment, how to evaluate outcomes and prescribe seating and mobility equipment.
- Training will include the opportunity to facilitate a Seating and Mobility Assessment and prescription with a client from the Clinician's caseload, with support and supervision from a Senior Clinician. This will form part of a Practical Upskilling Program (Assessment, Interpretation of Assessment Results, Equipment Trials, Prescription and Report Writing).

**Note:** Following the Practical Workshop a Seating and Mobility Assessment with a client from your caseload will be conducted (this will be negotiated and planned with input from your Manager/Clinical Educator/Seating Consultant).

Does the course have prerequisites or specific requirements?

The following must be completed before attending;

- **Seating and Positioning online** training course this needs to be completed NO LATER than 1 week prior to the Practical Training.
- Clinicians must have **3 or more clients with Seating and Positioning needs**, as part of their caseload within approximately 3 months, in order to be registered for this course.

What other details do I need to know?

Attendance type: In person (face to face)

**Duration**: 2 x 2 hour sessions.

Times: Please click Personal Enquiry below to register your interest in this course. Dates and times will be scheduled accordingly and

you will be contacted to discuss.

**Refreshments**: Please bring your own lunch (as required)

Please wear comfortable clothing that will facilitate practical engagement in completing a seating assessment.

If you need to cancel: Cancellation guidelines

Where can I get more information?

**Contact**: The Training Alliance team **Email**: training@cerebralpalsy.org.au

Phone: +61 2 9975 8715

Please enquire regarding available dates.