

## **Asthma**

## This course is for Cerebral Palsy Alliance employees

Who is this course for?

This course is for the Disability Support workforce, who as part of their work role, support a person with an asthma plan and/or asthma. If this course is relevant to your role, please discuss with and get approval from your manager.

What content does the course cover?

In this training session you will learn skills and knowledge to safely prevent and manage asthma in the workplace including:

- Understanding what happens in asthma
- Knowledge of common asthma triggers
- · Identifying the signs and symptoms of controlled, worsening, severe and life-threatening asthma
- Assisting a person to follow their asthma management plan
- · Effectively responding to asthma emergencies
- Safely assisting with prescribed emergency asthma medications.

Does the course have prerequisites or specific requirements?

The following must be completed before attending;

- A current First Aid certificate
- A current Provide Cardiopulmonary Resuscitation (CPR) Certificate
- Assist with Medication (online)
- Disability Support Practice workshop
- A current Medication Practice Assessment.

What other details do I need to know?

Attendance type: In person (face to face) or virtual

Duration: 2hrs

Times: Please select a course date below or if there are no dates, please click Enquire

**Refreshments**: Please bring your own lunch (as required)

If you need to cancel: Cancellation guidelines

Where can I get more information?

**Contact**: The Training Alliance team **Email**: training@cerebralpalsy.org.au

Phone: +61 2 9975 8715

Please enquire regarding available dates.