

## Gait assessment and AFO prescription in cerebral palsy

**This course is for Cerebral Palsy Alliance employees**

**Who is this course for?**

This is mandatory training for Physiotherapists with a current caseload.

For more detail see your Learning Journey.

If this course is relevant to your role, but not mandatory, please discuss with and get approval from your manager.

**What content does the course cover?**

In this 3-day practical training you will learn about gait and orthotic assessment and prescription and reflect and apply knowledge and skills between each session.

**This includes:**

- Normal joint and segmental kinematics and kinetics during gait
- Pathological gait patterns in cerebral palsy
- The aims of orthotic management (including footwear)
- Principles that guide orthotic design (including footwear)
- Conducting a thorough two-dimensional gait assessment
- Conducting a lower limb assessment
- Applying clinical reasoning when determining an appropriate orthotic design (including footwear)
- Tuning of the AFO-footwear combination to improve gait
- Applying knowledge and skills to support a current client.

**Does the course have prerequisites or specific requirements?**

**The following must be completed before attending:**

- Gait assessment and AFO prescription in cerebral palsy – online
- Pre-reading (will be emailed to participants in advance)
- Conduct (and video) a gait assessment on a client after day 2 in preparation for day 3.

**Note:** You must also have a current caseload.

**What other details do I need to know?**

**Attendance type:** In person (face to face)

**Duration:** 3 x full days

**Times:** Please select a course date below or if there are no dates, please click Enquire

**Refreshments:** Please bring your own lunch (as required)

**If you need to cancel:** Cancellation guidelines

**Where can I get more information?**

**Contact:** The Training Alliance team

**Email:** [training@cerebralpalsy.org.au](mailto:training@cerebralpalsy.org.au)

**Phone:** +61 2 9975 8715

Please enquire regarding available dates.