

## An introduction to working with people with disability in the water (Hydrotherapy)

**This course is for Cerebral Palsy Alliance employees**

**Who is this course for?**

This course is for the Disability Support workforce to develop their confidence in supporting clients in the pool.  
If this course is relevant to your role, please discuss with and get approval from your manager.

**What content does the course cover?**

In this training session you will learn basic water skills that can be used when working with clients in the water.

**This includes:**

- Understanding how water affects the movement of the body
- Using the aquatic hoist
- Basic manual handling skills including safely entering and exiting the pool
- Assisting and positioning clients in the water
- Using flotation aids.

You will participate in activities in and out of the pool.

**What other details do I need to know?**

**Attendance type:** In person (face to face)

**Duration:** Half day

**Times:** Please select a course date below or if there are no dates please click Enquire

**Refreshments:** Please bring your own lunch (as required)

**What to bring:** Swimming costume and towel

**If you need to cancel:** Cancellation guidelines

**Where can I get more information?**

**Contact:** The Training Alliance team

**Email:** [training@cerebralpalsy.org.au](mailto:training@cerebralpalsy.org.au)

**Phone:** +61 2 9975 8715

### October 2024

Date	Course	Start time	Finish time	Location
Fri 04	An introduction to working with people with disability in the water (Hydrotherapy)	9:30AM	1:00PM	Allambie