

## Bowel care

**This course is for Cerebral Palsy Alliance employees**

**Who is this course for?**

This is mandatory training for the Disability Support workforce.

For more detail see your Learning Journey.

If this course is relevant to your role, but not mandatory, please discuss with and get approval from your manager.

**What content does the course cover?**

In this training session you will learn how to assist clients with Complex Bowel Care Management Plans.

This includes:

- Understanding how the digestive system works
- The connection between nutrition, bowel health and general health
- Ways to promote good bowel health for clients
- Recognising bowel health problems for clients
- Managing bowel health problems for clients
- Safely assisting clients with their prescribed per rectal medications.

**Does the course have prerequisites or specific requirements?**

The following must be completed before attending:

- Assist with medication - online
- Infection prevention and control - online
- Disability support practice workshop.

**What other details do I need to know?**

**Attendance type:** In person (face to face)

**Duration:** Half day

**Times:** Please select a course date below or if there are no dates, please click Enquire

**Refreshments:** Please bring your own lunch (as required)

**If you need to cancel:** Cancellation guidelines

**Where can I get more information?**

**Contact:** The Training Alliance team

**Email:** [training@cerebralpalsy.org.au](mailto:training@cerebralpalsy.org.au)

**Phone:** +61 2 9975 8715

**August 2025**

| Date   | Course     | Start time | Finish time | Location                 |
|--------|------------|------------|-------------|--------------------------|
| Fri 01 | Bowel care | 9:30AM     | 1:00PM      | Prairiewood              |
| Mon 04 | Bowel care | 9:30AM     | 1:00PM      | Allambie                 |
| Wed 06 | Bowel care | 9:30AM     | 1:00PM      | Ryde                     |
| Fri 15 | Bowel care | 9:30AM     | 1:00PM      | Croudace Bay<br>(Hunter) |
| Fri 29 | Bowel care | 9:30AM     | 1:00PM      | Ryde                     |

**September 2025**

| Date   | Course     | Start time | Finish time | Location |
|--------|------------|------------|-------------|----------|
| Mon 15 | Bowel care | 9:30AM     | 1:00PM      | Ryde     |
| Tue 16 | Bowel care | 9:30AM     | 1:00PM      | Ryde     |